

Oceana County Resources **Dwellingplace**

COVID-19 Preparedness



(Residents: please take a photo of this page for reference)
Information as of March 20th - Subject to change

I have questions about the virus COVID -19. Where can I find accurate information?

District Health Department #10 - Call the state hotline 888-535-6136 or email info@dhd10.org if you have questions regarding COVID-19. You can also visit <https://www.dhd10.org/coronavirus/> for on demand updates specific to Oceana County.

Center for Disease Control - Call 800-232-4636 or visit <https://www.cdc.gov/coronavirus/2019-ncov> for the most trusted, up-to-date information regarding the virus.

State of Michigan - Visit <https://www.michigan.gov/coronavirus> for local updates on restrictions and instructions from the state government, and subscribe to e-newsletter updates at the bottom of the webpage.

I need non healthcare related needs resources, like food, diapers or clothing. What community resources are available?

Call 2-1-1 or visit <https://www.mi211.org/> for information about resources closest to where you live. 24 hours a day 7 days a week, including non-healthcare related needs.

I have health care concerns, but am not sure who to contact. Who can I call?

If you have severe or life-threatening symptoms, please call 911. If you are experiencing symptoms and are unsure if you are experiencing COVID-19 symptoms, review the CDC poster.

Spectrum Health - Spectrum is offering free virtual COVID-19 screenings 24/7 to people in the state of Michigan who are experiencing symptoms, call 833-559-0659 or visit <https://www.spectrumhealth.org/covid19>.

Mercy Health - Mercy Health is offering virtual COVID-19 screenings 24/7 to patients who are experiencing symptoms through its MyChart Portal, call 833-247-1258 or visit <https://www.mercyhealth.com/health-and-wellness/coronavirus>

NOTE: most healthcare facilities are not taking appointments. Call if previously scheduled appointment

I am experiencing mental stress and don't have someone to talk to, what resources are available?

Substance Abuse and Mental Health Services Administration (SAMHSA) - Call 800-985-5990 (TTY 800-846-8517) to reach SAMHSA's Disaster Distress Helpline or text TalkWithUs to 66746.

I can't afford food or healthcare and need financial assistance. What resources are available?

Michigan Department of Health and Human Services (MDHHS) - Need food, healthcare, etc. assistance, apply for benefits through the MiBridges Portal at <https://newmibridges.michigan.gov/> or call 888-544-8773. Income requirements have been lifted at this time. For specific COVID-19 Emergency Response from MDHHS:

- Call the COVID-19 Hotline at 888-535-6136, seven days a week, 8am to 5pm.
- Email COVID19@michigan.gov 24/7. Emails will be answered seven days a week, 8am to 5pm.

How can I apply for unemployment?

Michigan Unemployment Office - Fastest method to apply for unemployment benefits is online at www.michigan.gov.uia or call 866-500-0017.

I'm looking for low cost or free food meals. What options are available?

True North Community Services 231-924-0641, ext. 151

6308 S Warner Ave, Fremont, MI 49412

Food pantry from 8:30am-4:30pm

Prepackaged boxes of food will be delivered curbside to vehicles at the food pantry exit door (north side of the building). The mobile food truck schedule will not change, but will run as a drive-thru for pre-assembled boxes of food items. If you have any questions call 231-924-0641, ext. 151, or email info@truenorthservices.org.

Hesperia Community Food Pantry at Hesperia United Methodist Church

187 E South Ave, Hesperia, MI 49421

Effective Monday 3/16/20 the food pantry will take calls for emergency food, please call 231-854-5345 between 1-3pm Monday thru Thursday.

Countryside Church of Christ 231-854-0919

8063 E. Loop Road, Hesperia, MI 49421

Food pantry times: Sunday 12:15-1:15pm; Tuesday 1-2pm;
Wednesday 6-7:30pm.

I'm looking for low cost or free food options for kids. What options are available?

Hesperia Public Schools will be distributing lunch and breakfast to supplement food supplies enough for two days for families with students on Mon/Wed/Fri of each week beginning March 18 through April 3. For more information, please contact Dan Bailey, Transportation Coordinator at 231-854-9301 or Dana Gierzak, Food Service Director at 231-854-0509. You can also visit the district website: <https://www.hesp.net/about-us/documents/health/>.

I need to go to the grocery store, but I'm worried about exposure due to being high risk. What should I do?

SpartanNash stores (D&W Fresh Market, Family Fare) are setting aside time for store guests most at risk of contracting the virus, including older adults, pregnant women & immunocompromised individuals every Tuesday/Thursday from 7-9am.

Walmart stores will host an hour-long senior shopping event every Tuesday for customers aged 60 and older. This will start one hour before the store opens.

Meijer stores and pharmacies will provide dedicated shopping times for senior citizens and customers with chronic health conditions on Tues/Thurs from 7-8am.

I'm having trouble paying my bills because my income has been affected. What can I do?

DTE customers impacted by COVID-19 are encouraged to call 800-477-4747 to determine eligibility for payment assistance or visit <https://bit.ly/2TQoK0V>.

Consumers Energy customers can call 800-477-5050 or visit <https://www.consumersenergy.com/company/media/news-and-information/emergency-response> to address billing needs. Individuals already in the Winter Protection Program have their end date extended to May 3, 2020. Those who meet low-income standards are encouraged to call if they have questions about eligibility.

Comcast/Xfinity customers who have been impacted by quarantines or closures and need more time to pay their bill for Xfinity TV, Internet, Home or home phone services can chat with a representative at <https://www.xfinity.com/chat/> or call 800-934-6489 to get your questions answered.